

## ABOUT MYERS RESEARCH INSTITUTE

One of 15 research institutes in the United States connected to a long term care facility, Myers Research Institute (MRI) is a leader in the field of applied gerontological research. MRI is dedicated to a multidisciplinary program that will help frail, elderly, and disabled individuals realize their highest level of fulfillment in an atmosphere of respect, dignity and caring.

### Cameron J. Camp, Ph.D.,

Director and Senior Research Scientist at Myers Research Institute, Menorah Park Center for Senior Living in Beachwood, Ohio, is a noted psychologist specializing in applied research in gerontology and applied cognitive aging. He received his doctorate in experimental psychology from the University of Houston in 1979. For 16 years he served in academic settings, teaching coursework in adult development and aging while rising to the rank of Professor of Psychology at the University of New Orleans. His current research involves the design of interventions to alleviate problem behaviors and increase the level of functioning for persons with brain injury. He has co-authored three college textbooks and published over 80 articles in journals such as the *Journal of Gerontology*, *The Gerontologist*, *Experimental Aging Research*, *Alzheimer Disease and Related Disorders*, *Clinical Gerontologist*, *Psychology and Aging*, *The Journal of Clinical and Experimental Neuropsychology*, and the *Journal of the International Neuropsychological Society*. Dr. Camp lectures nationally on the topic for this program including the latest clinical research and related application of Montessori-Based Dementia Programming® and the techniques of Spaced-Retrieval with cognitively impaired individuals.

### Megan Malone, M.A. CCC-SLP

is a speech-language pathologist and research associate with Myers Research Institute. In this capacity, Megan oversees both federally and privately funded research grants focused on implementing interventions with older adults with dementia. She is the lead trainer at the Institute, teaching training seminars to professionals working with older adults on a variety of interventions, including the Montessori-Based Dementia Programming® and the Spaced-Retrieval technique. Megan attended Miami University in Oxford, Ohio, for her undergraduate studies in speech pathology and received her master's degree from Case Western Reserve University in Cleveland, Ohio. She has been part of the staff of Myers Research Institute for seven years.

## MONTESSORI-BASED DEMENTIA PROGRAMMING® (MBDP)

This course focuses on Montessori-Based Dementia Programming® (MBDP), an innovative method of working with older adults living with cognitive and/or physical impairments based on the educational philosophies of famed childhood educator, Maria Montessori. MBDP has been researched for over ten years by Dr. Cameron Camp and the staff of Myers Research Institute and has been shown to increase levels of engagement and participation in how to adapt this programming to fit the needs of their clients and facility.

Participants may choose to attend Day One only of the program for an overview of MBDP or both Days One and Two for a hands-on experience in using and adapting MBDP to specific clients, activities and environments. All program participants will have the opportunity to take a certification test on MBDP. Persons attending both Days One and Two of the course will be eligible to become credentialed in MBDP. Credentialed individuals meet requirements which enable them to train other persons within their organization on MBDP.

### Agenda—MBDP DAY 1 Seminar

- 8:00 AM Registration; Continental Breakfast
- 8:30 AM Introduction; Overview
- 8:45 AM The Importance of Activities; Montessori Preview
- 9:15 AM Understanding Dementia
- 9:45 AM Break
- 10:00 AM Explanation of Memory & Reading Ability
- 11:30 AM Lunch on Own
- 1:00 PM Introduction to Montessori-Based Dementia Programming®
- 2:15 PM Break
- 2:30 PM Review of Montessori Evaluation Tools
- 3:00 PM Using What You've Got: Developing Materials For Montessori-Based Dementia Programming®
- 4:00 PM Q & A; Adjournment at 4:30 PM

### Agenda—MBDP DAY 2 Workshop

- 8:00 AM Registration; Continental Breakfast
- 8:30 AM Review of DAY 1
- 9:15 AM Montessori Role Play
- 10:00 AM Break
- 10:15 AM Discussion & Creation of Large Group Montessori Activities
- 11:30 AM Lunch on Own
- 1:00 PM Reconstructing Activities to be Montessori-Based
- 1:30 PM Next Steps and Action Planning for Montessori Programming
- 2:30 PM Q & A; Course Evaluations; Certification Test; Conclusion at 3:00 PM

## SPACED-RETRIEVAL (SR)

Spaced-Retrieval (SR) is a memory intervention that gives individuals practice at successfully recalling information over progressively longer intervals of time. The goal of SR is to enable individuals to remember important information for clinically meaningful periods of time.

SR has been used successfully as a rehabilitation technique by speech-language pathologists, occupational therapists, and physical therapists to enable clients with cognitive impairment to recall important information such as safety techniques, orientation information, schedules, etc. SR is an approach that can be used during rehabilitative treatment to enable clients to reach therapy goals and its use is reimbursable skilled service.

Participants in this course will learn the principles of the Spaced-Retrieval technique, types of clients who are likely to benefit from SR treatment, goal writing strategies, billing procedures, and strategies for successful transitioning SR goals to the clients' living environments. Participants may choose to attend Day One only of the program for an overview of SR or both Days One and Two for a hands-on experience in using SR with specific clients, goals, and environments.

### Agenda—SR DAY 1 Seminar

- 8:00 AM Registration; Continental Breakfast
- 8:30 AM Introduction; Brief Overview of Memory
- 10:00 AM Break
- 10:15 AM SR Overview
- 11:00 AM Case Studies of SR Sessions
- 12:00 AM Lunch on Own
- 1:00 PM Building a Case Load Using SR
- 1:30 PM Functional Goal Writing Using SR
- 2:15 PM Break
- 2:30 PM Documentation; Reimbursement
- 3:00 PM Transitioning SR to Client's Environment
- 4:00 PM Q & A; Comments; Adjournment 4:30 PM

### Agenda—SR DAY 2 Workshop

- 8:00 AM Registration; Continental Breakfast
- 8:30 AM Review of DAY 1
- 9:00AM SR Screen Tutorial & Role Play
- 10:00 AM Break
- 10:15 AM SR Therapy Simulation
- 12:00 AM Lunch on Own
- 1:00 PM Action Planning for Transitioning SR
- 2:00 PM Training; In-Servicing Tips
- 2:30 PM Q & A; Course Evaluations; Certification Test; Conclusion at 3:00 PM

## INTENDED AUDIENCE for MBDP

Activities Professionals, Social Workers, Occupational Therapists, Nursing Home Administrators and Interested Persons. We recommend professionals who work in direct care with clients to attend both Days One & Two Workshop. The Day One only option is recommended for those who would benefit from an overview of MBDP but will not be directly implementing it with clients.

## INTENDED AUDIENCE for SR

Speech-Language Pathologists, Occupational Therapists, Physical Therapists, Nurses, Social Workers, Activities Professionals, Administrators and Interested Persons. We recommend professionals who work in direct care with clients to attend both Days One & Two Workshop. The Day One only option is recommended for those who would benefit from an overview of SR but will not be directly implementing it with clients.

## CERTIFICATION in MBDP and/or SR

Upon completion of the One-Day Seminar, participants *will be eligible* to complete an on-line Multiple Choice Exam for a User's Certificate from Myers Research Institute (\$60 fee). A minimum score of 80% correct is required to earn a User's Certificate in MBDP and/or SR. The certification exam may be attempted a total of three times.

## CREDENTIALING in MBPD and/or SR

Upon completion of the Two-Day Workshop, participants *will be eligible* to become credentialed in MBDP and/or SR. The credentialing process involves successful completion of the on-line User's Certificate Exam (\$60 fee) plus a hand-scored Case Study Exam (\$75 fee) after a one-month period following the Workshop. Credentialed individuals meet requirements which enable them to effectively train other persons within their organizations on MBDP and/or SR.

### Seminar and Workshop Schedule/Fee

MBDP Day One Seminar  
January 7, 2008 \$175

MBDP Day One Seminar & Day Two Workshop  
January 7-8, 2008 \$350

SR Day One Seminar  
January 9, 2008 \$175

SR Day One Seminar & Day Two Workshop  
January 9-10, 2008 \$350

Combine MBDP Day One & Two with SR Day One  
January 7-9, 2008 \$500

Combine MBDP & SR Both Days One & Two  
January 7-10, 2008 \$650

### Travel Planning:

Travel arrangements including hotel, air and car rental can be made through **Keys to Sarasota**. For reservations call Toll Free 877-670-1898 Shelley Lederman or email [keys@keystosarasota.com](mailto:keys@keystosarasota.com)

### How To Register

with Pines Education Institute of S.W. Florida:

*Registrations are non-refundable*

Register on our web: [www.pinesofsarasota.org](http://www.pinesofsarasota.org)

or

Complete Registration Form and submit with Check or Money Order payable to Pines of Sarasota Or provide your Credit Card Information.

### Mail to:

Pines of Sarasota  
Pines Education Institute of S.W. Florida  
JoAnn Westbrook—Director of Education  
1501 N. Orange Avenue  
Sarasota, Florida 34236

or

### Phone or Fax or Email:

Attn: JoAnn Westbrook  
Phone (941) 365-0250 x 1114  
Fax (941) 365-4121 (call before you fax)  
[jwest@pinesofsarasota.org](mailto:jwest@pinesofsarasota.org)

Name \_\_\_\_\_

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Organization \_\_\_\_\_

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Education Institute of S.W. Florida  
presents

## Montessori-Based Dementia Programming®

Day One Seminar January 7<sup>th</sup> 2008  
Day Two Workshop January 8<sup>th</sup> 2008

&

## Spaced-Retrieval

Day One Seminar January 9<sup>th</sup> 2008  
Day Two Workshop January 10<sup>th</sup> 2008

## Facilitated by

Dr. Cameron Camp  
&  
Megan Malone

of

Myers Research Institute  
Beachwood, Ohio

## Accreditation

Florida Nursing 13.5 CEU  
Florida Physical Therapy 13.5 CEU  
Florida Occupational Therapy 10 CEU